

Blue Valley Unified School District 229

Health Benefit Plan Summary - Spira Care \$1,000 Non-HSA (BlueSelect Plus Network - small network)

This Benefit Summary provides only highlights of the services covered by Blue Cross and Blue Shield of Kansas City (Blue KC). For Additional details, exclusions and limitations refer to your member certificate available at MyBlueKC.com.

General Plan Information

Plan Type	Exclusive Provider Organization (EPO) Members receive all care from in-network providers except for emergency services. Non-emergency services received out-of-network will not be covered.	
Medical Network(s) A complete listing of network hospitals and physicians is available on MyBlueKC.com . This plan includes additional discounts when you access care through Spira Care.	In Area: BlueSelect Plus Other Designated Network for Additional Discounts: Spira Care Out-of-Area: BlueCard PPO/EPO	
Deductible – Embedded You must pay all the costs up to the Deductible amount before this plan begins to pay for covered services.	In-Network Individual: \$1,000 Family: \$3,000	Out-of-Network Not covered
Coinsurance Applies only as specified in your contract. Coinsurance is noted in this summary where applicable.	In-Network Member Pays: 0% Plan Pays: 100% Spira Care: Member Pays: 0% Plan Pays: 100%	Out-of-Network Not covered
Out-of-Pocket Limits – Embedded The Out-of-Pocket Limit is the most you could pay during the Calendar Year for your share of the cost of covered services. These cost shares apply to the Out-of-Pocket Limit: Coinsurance, Deductibles, Copays Applies to: All Medical and Rx Cost Sharing	In-Network Individual: \$1,000 Family: \$3,000	Out-of-Network Not covered
Blue KC 24-Hour Nurse Line Available 7 days a week, 365 days a year to help you with symptoms or answer health-related questions.	PH: (877) 852-5422	
Customer Service & Care Guide Services	Local: 913-29-SPIRA (77472) Toll Free: 877-33-SPIRA (77472)	

Plan Benefits - Medical

When you visit a Spira Care Center...	In-Network	Out-of-Network
Visits to a Spira Care Center include: <ul style="list-style-type: none"> Office Visit – Routine Office Visit – Urgent/Acute 	Spira Care: No member cost share	Not covered

<ul style="list-style-type: none"> Chronic Disease Care (excluding drugs & equipment) Outpatient Mental Health, Behavioral Health, and Substance Abuse Services <p><i>Included as part of office visit and no member cost share:</i></p> <ul style="list-style-type: none"> Labs X-ray (basic diagnostic x-rays for fracture and other injuries or illness) 		
<p>Preventive Screenings & Immunizations (Children & Adults) Blue KC health plans include routine preventive benefits that are consistent with the guidelines developed by the United States Preventive Services Task Force (USPSTF), Health Resources and Services Administration (HRSA), and the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention. Services must be billed with a primary diagnosis of preventive to be covered at 100%. Refer to your member certificate for additional details.</p>	Spira Care: No member cost share	Not covered
When you visit another Physician's Office...	In-Network	Out-of-Network
<p>Physician</p> <p>Primary Care Physician (PCP) - An internist, family practitioner, general practitioner, or pediatrician.</p> <p>Specialist - Doctors of Medicine (MD), Doctors of Osteopathy (DO), except Primary Care Physicians, and other medical practitioners such as optometrist, psychologists and chiropractors.</p> <p>Other Services & Procedures performed in a provider's office and not included with an office visit</p>	<p>PCP Office Visit: Deductible, then no charge</p> <p>Specialist Office Visit: Deductible, then no charge</p> <p>Other Services: Deductible, then no charge</p>	Not covered
Urgent Care Center	Office Visit: Deductible, then no charge	Not covered
<p>Preventive Screenings & Immunizations (Children & Adults) Blue KC health plans include routine preventive benefits that are consistent with the guidelines developed by the United States Preventive Services Task Force (USPSTF), Health Resources and Services Administration (HRSA), and the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention. Services must be billed with a primary diagnosis of preventive to be covered at 100%. Refer to your member certificate for additional details.</p>	No member cost share	Not covered
Labs Performed in a Provider's Office/Independent Lab/Urgent Care Facility	Deductible, then no charge	Not covered
Allergy		
Allergy Testing	Deductible, then no charge	Not covered
Allergy Treatment (Injection)	Deductible, then no charge	Not covered
Allergy Treatment (Serum)	Deductible, then no charge	Not covered
When you need radiology services...	In-Network	Out-of-Network
X-Ray	Deductible, then no charge	Not covered
<p>Other Radiology Procedures (MRI, CT/PET Scans, MRA) Prior Authorization Policy Applies In-Network</p>	Deductible, then no charge	Not covered
When you have out-patient surgery...	In-Network	Out-of-Network
<p>Outpatient Surgery Facility Fees Prior Authorization Policy Applies In-Network</p>	Deductible, then no charge	Not covered

Physician (Surgeon) Services	Deductible, then no charge	Not covered
<i>If you need immediate medical attention...</i>	In-Network	Out-of-Network
Urgent Care Center Office Visit	Deductible, then no charge	Not covered
Emergency Services Out-of-Network benefits are subject to the plan's allowable charge. Out-of-Network providers may bill the member for the remaining balance. See Certificate for details.	Deductible, then no charge	In-Network Deductible, then no charge
Ground Ambulance Out-of-Network benefits are subject to the plan's allowable charge. Out-of-Network providers may bill the member for the remaining balance. See Certificate for details.	Deductible, then no charge	In-Network Deductible, then no charge
Air Ambulance	Deductible, then no charge	In-Network Deductible, then no charge
<i>If you have a hospital stay...</i>	In-Network	Out-of-Network
Hospital Facility Fees Prior Authorization Policy Applies In-Network	Deductible, then no charge	Not covered
Physician (Surgeon) Services	Deductible, then no charge	Not covered
<i>If you need help recovering or have other special health needs...</i>	In-Network	Out-of-Network
Skilled Nursing Care Prior Authorization Policy Applies In-Network Maximum benefit of 30 Day(s)/Calendar Year for In-Network	Deductible, then no charge	Not covered
Home Health Services Prior Authorization Policy Applies In-Network Maximum benefit of 60 Visit(s)/Calendar Year for In-Network	Deductible, then no charge	Not covered
Physical Therapy Maximum benefit of 60 Visit(s)/Calendar Year for In-Network	Deductible, then no charge	Not covered
Occupational Therapy Combined with Physical Therapy Limits	Deductible, then no charge	Not covered
Skeletal Manipulation Combined with Physical Therapy Limits	Covered as Physical Therapy	Not covered
Speech Therapy Maximum benefit of 20 Visit(s)/Calendar Year for In-Network	Deductible, then no charge	Not covered
Hearing Therapy Combined with Speech Therapy Limits	Deductible, then no charge	Not covered
Durable Medical Equipment Prior Authorization Policy Applies In-Network	Deductible, then no charge	Not covered
Inpatient Hospice Services	Deductible, then no charge	Not covered

Prior Authorization Policy Applies In-Network Maximum benefit of 14 Day(s)/Lifetime for In-Network		
Home Hospice Services	Deductible, then no charge	Not covered
<i>If you have behavioral health, or substance abuse needs...</i>	In-Network	Out-of-Network
Outpatient Mental Health, Behavioral Health, and Substance Abuse Services Office Visit	Deductible, then no charge	Not covered
Facility Fees Prior Authorization Policy Applies In-Network	Deductible, then no charge	Not covered
Therapy	Deductible, then no charge	Not covered
Inpatient Mental Health, Behavioral Health, and Substance Abuse Services (Facility Fees) Prior Authorization Policy Applies In-Network	Deductible, then no charge	Not covered
Inpatient Mental Health, Behavioral Health, and Substance Abuse Services (Physician) Includes: Therapy & Other Services, partial hospitalizations	Deductible, then no charge	Not covered
<i>Family Planning & Pregnancy...</i>	In-Network	Out-of-Network
Contraceptive Devices, Implants, and Injections See also pharmacy benefits.	Covered at 100%	Not covered
Elective Sterilization – Women	Covered at 100%	Not covered
Elective Sterilization – Men	No member cost share	Not covered
Maternity Dependent Daughters are not covered for maternity services	Covered	Not covered
Infertility and/or Impotency Treatment	Not covered	Not covered
<i>Routine Vision Care...</i>	In-Network	Out-of-Network
Routine Eye Exam	Not covered	Not covered
General Pharmacy Information		
Pharmacy Network(s)	National Plus	
Prescription Drug List Learn more about the drugs covered by your plan, drug category/tier, prior authorization and step therapy by reviewing your prescription drug list at MyBlueKC.com	National Preferred	
Specialty Pharmacy A Specialty Pharmacy is one that provides specialized care for patients with complex chronic health conditions. Learn more about the drugs covered by your plan, drug category/tier, prior authorization and step therapy by reviewing your prescription drug list at MyBlueKC.com	Accredo Health Services PH: 877-259-2295 Fax: 888-773-7386	
Outpatient Prescription Drug Deductible		

You must pay all the costs up to the Deductible amount before this plan begins to pay for covered services.	In-Network Combined with Medical Deductible	Out-of-Network Not covered
Outpatient Prescription Drug Out-of-Pocket Limits The Out-of-Pocket Limit is the most you could pay during the Calendar Year for your share of the cost of covered services.	In-Network Combined with Medical Out-of-Pocket Limits	Out-of-Network Not covered
Rx Savings Solutions A team of pharmacists and pharmacy technician will help you make sure you're getting the best possible pricing for your medicines. Member support is available Monday – Friday, 7 a.m. to 7 p.m. CST.	Register online at MyBlueKC.com and stay up-to-date on cost saving opportunities. Email: info@rxsavingsllc.com PH: 1-800-268-4476	
Plan Benefits – Pharmacy		
<i>When you visit a retail pharmacy...</i>	In-Network	Out-of-Network
Retail Pharmacy (Short-term supply: Up to 34 Days)		
Drug Tier 1: Generic / Generic Specialty	National Plus: \$15 Copay/Fill, no Deductible Contraceptives – No member cost share	Not covered
Drug Tier 2: Preferred Brand / Non-Preferred Generic / Preferred Brand Specialty	National Plus: \$50 Copay/Fill, no Deductible	Not covered
Drug Tier 3: Non-Preferred Brand / Non-Preferred Brand Specialty	National Plus: Deductible, then no charge	Not covered
<i>When you use a mail order pharmacy...</i>	In-Network	Out-of-Network
Mail Order Pharmacy		
Drug Tier 1: Generic / Generic Specialty	\$15 Copay/Fill, no Deductible Contraceptives – No member cost share	Not covered
Drug Tier 2: Preferred Brand / Non-Preferred Generic / Preferred Brand Specialty	\$125 Copay/Fill, no Deductible	Not covered
Drug Tier 3: Non-Preferred Brand / Non-Preferred Brand Specialty	Deductible, then no charge	Not covered
<i>Value-Based Benefits (VBB)...</i>	In-Network	Out-of-Network
Included Conditions: Diabetes, CAD, High Blood Pressure, CHF, COPD, Metabolic Syndrome, Depression, Asthma		
Retail Pharmacy (Short-term supply)		
Drug Tier 1: Generic / Generic Specialty	National Plus: No member cost share	Not covered
Drug Tier 2: Preferred Brand / Non-Preferred Generic / Preferred Brand Specialty	National Plus: No member cost share	Not covered
Drug Tier 3: Non-Preferred Brand / Non-Preferred Brand Specialty	National Plus: \$35 Copay/Fill, no Deductible	Not covered
Mail Order Pharmacy		
Drug Tier 1: Generic / Generic Specialty	No member cost share	Not covered
Drug Tier 2: Preferred Brand / Non-Preferred Generic / Preferred Brand Specialty	No member cost share	Not covered
Drug Tier 3: Non-Preferred Brand / Non-Preferred Brand Specialty	\$70 Copay/Fill, no Deductible	Not covered

Discrimination is Against the Law

Blue KC complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Blue KC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Blue KC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact Customer Service, 844-395-7126 (Toll free), languagehelp@bluekc.com.

If you believe that Blue KC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the Appeals Department, PO Box 419169, Kansas City, MO 64141-6169, 816-395-3537, TTY: 816-842-5607, APPEALS@bluekc.com. You can file a grievance in person or by mail, or email. If you need help filing a grievance, the Appeals Department is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

If you, or someone you're helping, has questions about Blue KC, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 1-877-410-6716.

Spanish: Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue KC, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-877-410-6716.

Chinese: 如果您, 或是您正在協助的對象, 有關於 Blue KC 方面的問題, 您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員, 請撥電話 1-877-410-6716。

Vietnamese: Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Blue KC, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-877-410-6716.

German: Falls Sie oder jemand, dem Sie helfen, Fragen zum Blue KC haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 1-877-410-6716 an.

Korean: 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 [Blue KC]에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 1-877-410-6716 로 전화하십시오.

Serbo-Croatian: Ukoliko Vi ili neko kome Vi pomažete ima pitanje o Blue KC, imate pravo da besplatno dobijete pomoć i informacije na Vašem jeziku. Da biste razgovarali sa prevodiocem, nazovite 1-877-410-6716.

Arabic:

إن كان لديك أو لدى شخص تساعد أسئلة بخصوص Blue KC ، ف لديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة. للتحدث مع مترجم اتصل بـ 1-877-410-6716.

Russian: Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Blue KC, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 1-877-410-6716.

French: Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue KC, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 1-877-410-6716.

Tagalog: Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa Blue KC, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 1-877-410-6716.

Laotian: ຖ້າ ທ່ານ, ຫຼື ຄົນ ທ່ານ ກຳ ລັງ ຈຸ ວ ຍ ຫຼື ອ, ມ ີ ສ ດ ທ າ ກ າ ມ ກ ັ ນ ກ ັ ບ Blue KC, ທ່ານ ມ ີ ສ ດ ທ າ ຈ ຳ ດ ັ ບ ກ າ ນ ຈ ຳ ວ ຍ ຫຼື ອ ແ ລ ະ ຂ ັ ມ ູ ນ ຂ ັ າ ວ ສ າ ນ ທ າ ບ ັ ນ ພ າ ສ າ ຂ ອ ງ ທ າ ນ ັ ບ ມ ຄ ຳ າ ໄ ຊ ຳ ຈ ຳ ຍ. ກ າ ນ ໂ ອ ົ ລ ິ ມ ກ ັ ບ ນ າ ຍ ພ າ ສ າ, ໃ ທ ີ ໂ ຫ ຫ າ 1-877-410-6716.

Pennsylvanian Dutch: "Wann du hoscht en Froog, odder ebber, wu du helpscht, hot en Froog baut Blue KC, hoscht du es Recht fer Hilf un Information in deinre eegne Schprooch griege, un die Hilf koschtet nix. Wann du mit me Interpreter schwetze witt, kannscht du 1-877-410-6716 uffrufe.

Persian:

اگر شما، یا کسی که شما به او کمک میکنید، سوال در مورد Blue KC، داشته باشید حق این را دارید که کمک اطلاعات به زبان خود را به طور رایگان دریافت نمایید. 1-877-410-6716 تماس حاصل نمایید.

Cushite: Isin yookan namni biraa isin deeggartan Blue KC irratti gaaffii yo qabaattan, kaffaltii irraa bilisa haala ta'een afaan keessaniin odeeffannoo argachuu fi deeggarsa argachuuf mirga ni qabdu. Nama isiniif ibsu argachuuf, lakkoofsa bilbilaa 1-877-410-6716 tiin bilbilaa.

Portuguese: Se você, ou alguém a quem você está ajudando, tem perguntas sobre o Blue KC, você tem o direito de obter ajuda e informação em seu idioma e sem custos. Para falar com um intérprete, ligue para 1-877-410-6716.

For TTY services, please call 1-816-842-5607.

