



Account Limitations

- The HCRL can only be used by participants of the HDHP + HSA Medical Plan.
- This plan only covers Qualified Dental & Vision Expenses.

Why Participate?

You can save taxes! Employees have the opportunity to participate in comprehensive medical and dental plans. However, there are many dental and vision expenses that are not covered or only partially covered—such as glasses, contact & contact solution and orthodontia.

The Limited **Health Care Reimbursement Account** (HCRL) allows you to take advantage of current tax laws (IRC Section 125) to pay for these expenses with **pre-tax dollars**. Your tax savings can be significant, but maximizing your benefits requires understanding the plan and some planning.

How Does This Work?

- Elect to make pre-tax payroll contributions into an account, during open enrollment or as a new hire.
- After the plan year begins (or coverage as a new hire), you, your spouse or your dependent incur qualifying dental and vision expenses.
- Access funds in your account:
 - Use your FSA Debit Card to pay the medical provider, or
 - File a claim and provide the appropriate supporting documentation as indicated.
- **The full amount you elect to deposit in your HCRL for the year is available to you at any time after January 1st (or coverage effective date for new hires).**

Limited Use Health Care Account - HCRL

Note: This account is only for those employees participating in the HDHP + HSA.

Managing Your Account

You will have a unique secure account with Tri-Star, available on Tri-Star's website **FSA.help/login** where you can:

- File claims & upload documentation,
- Sign up for Direct Deposit for claims payments (**Once established, direct deposit information is retained from year to year.**),
- Update your email address to receive all communications from Tri-Star,
- View previous claims & payments,
- View your available balance,
- Upload support for FSA debit card transactions.



Account Access - Mobile

You can manage your account from any smart phone or device.

Go to **FSA.help/login** and save the website URL for quick access any time. After you Login:

- Click on the account name/balance,
- File claims,
- Upload Documentation to share your supporting documentation (upload a picture with your phone),
- You'll receive a payment notice via email when your reimbursement is on it's way to you!
- See payment details,
- Review your account summary.
- Use your profile in the top right corner for more options!

Internal Revenue Code Regulations

- You must enroll each Plan Year to participate (electing up to \$3,300).
- Expenses claimed from your account must be incurred during the Plan Year.
- Funds must be claimed by March 31 following the end of each Plan Year.
- Unused funds remaining on March 31 following the end of the plan year are forfeited.
- Your contributions each pay period must remain the same all year unless you experience a “qualifying change in status event” and change your election, as allowed by the Plan Document.
- You may not claim any expense reimbursed from this account as an itemized deduction on your tax return.

More Information

Refer to IRS Publication 502, Medical and Dental Expenses at www.irs.gov for more details on potential eligible dental and vision expenses.

Obtain the Summary Plan Description from your employer for plan specifics on eligibility, termination, changes in status, etc.

Estimating Your Expenses

We recommend you review the deductible and co-insurance provisions of your dental and vision plans, and look at your out-of-pocket medical expenses over the past year or two. Expenses incurred by you or your dependents qualify regardless of whether you participate in any of your employer's dental or vision plans.

Many expenses like orthodontia payments, glasses and contacts are easily predictable. Others, like eyeglasses and contacts may be deferred or accelerated from one plan year to another depending upon the balance of your account.



Health Care FSA Debit Card

Using the FSA debit card pays your medical provider with funds available in your account. Your provider is paid when the transaction is approved. However, you may be required (under IRS regulations) to support this transaction with a statement showing the services provided.

Use of the card is optional and may eliminate some substantiation requirements. *Please read about how and where the card works by reviewing the flyer “Using My FSA Debit Card.”*

Participants should retain cards they already have from Tri-Star since these are good for 5 years, until the card expiration date. New participants will receive cards after they enroll and must activate it prior to using it for the first time. Always keep your service statements in case they are required by Tri-Star or by the IRS.



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